



HOME CONNECTIONS

Third Grade / Medication Safety

Dear Parents and Guardians,

Your child's school has teamed up with Emily's Hope to bring a unique Substance Use Prevention Curriculum to students. The curriculum is designed to teach students about how their brain develops, understand their emotions and pressures, and help children build the skills and confidence to make healthy choices now and in the future.



Lesson Highlights

Key Learning Adventures:

This week, your student learned about medication safety. Specifically, they learned the differences between over-the-counter medications and prescription medications written by a physician for a specific person.

This lesson also introduced the dangers of illegal drugs, including fentanyl.

Understanding the difference between legal and illegal substances and the dangers of misuse of substances is a critical life skill.



Conversation Starters

Ask your student to explain to you the differences between prescription and over-the-counter medications.

Discuss with your student the importance of following a physician's order for prescribed medication and not sharing prescribed medication with anyone else.



Ask your student to list out the "Trusted Adults" in their life. Review with them whom they included and anyone they might have left out.



Why it Matters

Learning about medications helps children understand how they can be used safely to prevent accidental overdose or harm from mixing different medicines. It also empowers them to make informed decisions and ask questions about their health as they grow, while teaching them that some medicines that are safe for adults can be dangerous for children. Children should be able to identify the trusted adults in their lives.



Parent Resources

Emily's Hope Substance Use Prevention Curriculum

<https://emilyshopeedu.org/>

Emily's Hope Parent Resources

<https://parents.emilyshopeedu.org>

Emily's Hope website

<https://emilyshope.charity/>