

Dear Parents and Guardians,

Your child's school has teamed up with Emily's Hope to bring a unique Substance Use Prevention Curriculum to students. The curriculum is designed to teach students about how their brain develops, understand their emotions and pressures, and help children build the skills and confidence to make healthy choices now and in the future.

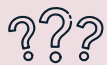


Lesson Highlights

Key Learning Adventures:

This lesson focused on the differences between medical emergencies and minor injuries. Your student learned the concept of unconsciousness and when it can become necessary to call 911.

Your student also learned when a situation can be managed by themselves, with adult supervision, or with immediate medical attention.



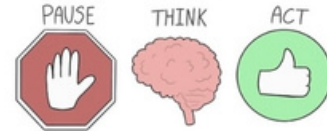
Why it Matters

It's important for our students to learn about medical emergencies because they can save lives, build confidence, reduce panic, and teach responsibility. Appropriate responses from students who know how to react, recognize the situation, and call for help significantly increase the chances of survival and recovery for those involved.



Conversation Starters

Reinforce the Pause-Think-Act (PTA) strategy with your child. Pause (stay calm), Think (assess the situation), Act (take appropriate action).



Encourage your child to communicate openly in a situation by practicing phrases like "I need help" or "This isn't safe".

Roleplay or discuss different scenarios with your child and ask them how they would respond.



Parent Resources

Emily's Hope Substance Use Prevention Curriculum

<https://emilyshopeedu.org/>

Emily's Hope Parent Resources

<https://parents.emilyshopeedu.org>

Emily's Hope website

<https://emilyshope.charity/>