



HOME CONNECTIONS

Fourth Grade / Medication Safety

Dear Parents and Guardians,

Your child's school has teamed up with Emily's Hope to bring a unique Substance Use Prevention Curriculum to students. The curriculum is designed to teach students about how their brain develops, understand their emotions and pressures, and help children build the skills and confidence to make healthy choices now and in the future.



Lesson Highlights

Key Learning Adventures:

This week your student learned about the importance of medication safety. We all take medicine for a variety of reasons. It is important that we know what we are taking and how it helps us feel better. We wouldn't want to consume cough syrup to help a headache, and we wouldn't take Tylenol to help an upset stomach. Children at a young age need to recognize not only how they are feeling, but the correct type of medicine needed to help them feel better.



Why it Matters

Being able to identify the correct medicine is important because children's smaller size and developing bodies mean medication errors can cause serious side effects. Administering the wrong dose or medicine can lead to an overdose, a lack of effectiveness, or dangerous drug interactions, making it vital for parents and caregivers to ensure the correct medication is given exactly as instructed.



Conversation Starters

Review with your student the label of the medication and the recommendations on how to use it.

Discuss with your child the importance of taking medication from trusted adults only. Identify who those trusted adults are in their life.

Review your own household to ensure any potentially harmful medications or chemicals are kept in a safe place.



Parent Resources

Emily's Hope Substance Use Prevention Curriculum

<https://emilyshopeedu.org/>

Emily's Hope Parent Resources

<https://parents.emilyshopeedu.org>

Emily's Hope website

<https://emilyshope.charity/>