



HOME CONNECTIONS

Seventh Grade / Medication Safety

Dear Parents and Guardians,

Your child's school has teamed up with Emily's Hope to bring a unique Substance Use Prevention Curriculum to students. The curriculum is designed to teach students about how their brain develops, understand their emotions and pressures, and help children build the skills and confidence to make healthy choices now and in the future.



Lesson Highlights

Key Learning Adventures:

This lesson's focus was on medication safety and recognizing the importance of the appropriate dosage and administration of medication, whether it be an over-the-counter medication or a prescription medication. When needed, using the correct medicine at the correct dose, with the correct administration, at the correct time helps to keep our bodies healthy. Being able to understand this process when taking medications is an important part of managing our health and well-being.



Why it Matters

Understanding the correct dosage, administration, and frequency is important for children because their developing bodies process medications differently than adults. This makes them highly vulnerable to underdosing, overdosing, and severe side effects. Adhering to the prescribed regimen ensures the medication is both safe and effective, preventing serious health complications.



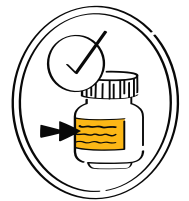
Conversation Starters

Ask your student to explain the differences between over-the-counter medication and prescription medication.



Review with your student the over-the-counter medications in your own household and what each is used for.

Using an over-the-counter medication within your own home, have your student read the label to determine the correct administration and frequency.



Parent Resources

Emily's Hope Substance Use Prevention Curriculum

<https://emilyshopeedu.org/>

Emily's Hope Parent Resources

<https://parents.emilyshopeedu.org>

Emily's Hope website

<https://emilyshope.charity/>