



HOME CONNECTIONS

Eighth grade / Medication Safety

Dear Parents and Guardians,

Your child's school has teamed up with Emily's Hope to bring a unique Substance Use Prevention Curriculum to students. The curriculum is designed to teach students about how their brain develops, understand their emotions and pressures, and help children build the skills and confidence to make healthy choices now and in the future.



Lesson Highlights

Key Learning Adventures:

This week, your student learned about medication safety. We all have influences in our lives. We just hope we have more positive influences than negative. Social media can be a positive tool for connecting with people, but there can be some harmful influences within the social media world. Sadly, some of these negative influences on social media can abuse medication safety and can deceive our youth, which can lead to risky behaviors.



Why it Matters

Medication safety on social media is crucial because online trends, peer pressure, and disguised advertising can expose children to dangerous and even deadly drug misuse, including fatally potent substances like fentanyl hidden in fake pills. Platforms can also be used by dealers to directly connect with youth, making them vulnerable to severe harm from both illicit and over-the-counter drugs that are misrepresented online.



Conversation Starters

With your student, establish boundaries for healthy social media use. How would they recognize positive vs negative influences?

As a parent or guardian, it is wise for you to know which social media platforms your student is using and make sure to follow your student to monitor content.



Ask your student about the life-saving tool, naloxone. Discuss how and when it should be used.



Parent Resources

Emily's Hope Substance Use Prevention Curriculum

<https://emilyshopeedu.org/>

Emily's Hope Parent Resources

<https://parents.emilyshopeedu.org>

Emily's Hope website

<https://emilyshope.charity/>